



Department of Psychology
The University of Hong Kong
香港大學心理學系

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Departmental Seminar

Studying Mechanisms of Adolescent Mental Health: Updates on Ongoing Projects



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Psychiatry and Neuroscience
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Neuroscience
King's College London

10:00a.m. – 11:00a.m.

Chamber, 11/F
The Jockey Club Tower
Centennial Campus
The University of Hong Kong

Abstract

Poor adolescent mental health (e.g., depression/anxiety) is a major public policy concern globally. Understanding the mechanisms underpinning this phenomenon will be essential in developing interventions to address its negative effects on young people's lives. In this talk, I will update you on the progress of a number of our projects exploring possible mechanisms underpinning depression and anxiety in adolescence. Foci will include - neurodivergence and emotion dysregulation, risky digital activity and future-related cognition.

Zoom Meeting (For participants who couldn't attend the Seminar in person)

<https://hku.zoom.us/j/6985555998?pwd=V05yTGJWNTIzazd2OFZ0Q3FRcHVkdz09>

Meeting ID: 698 555 5998 | Password: Psyc

~ All are Welcome ~

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